

Christian Catering Company

Lunch Menu for Holy Spirit Catholic School January, 2019

Order online at christiancatering.schoollunchchoice.com

Everyday entree selections include:

- *Fresh Green Salad Entrée' (Fresh, crisp greens with veggies, shredded cheese, bacon bits & croutons) & Fresh Fruit
- *Grilled Chicken Salad (Grilled Chicken over a bed of Fresh Greens) & Fresh Fruit
- Turkey Club Wrap (Turkey w/ Bacon, Lettuce, Tomato & Cheese wrapped in a flour tortilla) & Fresh Fruit
- *Grilled Chicken Sandwich on a wheat bun, Chips, Baby Carrots & Fresh Fruit
- *Sliced Turkey Breast on Whole Wheat w/Cheese, Chips, Baby Carrots & Fresh Fruit
- *Warm Plain or Blueberry Bagel w/Cream Cheese, Yogurt & Fresh Fruit
- *Sunbutter (no peanuts) & Jelly Sandwich, Chips, Fresh Baby Carrots & Fresh Fruit
- *Grilled Cheese Sandwich, Chips, Baby Carrots & Fresh Fruit

Even if your child is just buying milk, please order it online.

- M 1/7 Grilled Chicken Salad (Grilled Chicken over a bed of Fresh Greens) & Fresh Fruit
All Beef Hot Dog, French Fries, Fresh Baby Carrots & Fresh Fruit
All Beef Chili Dog, French Fries, Fresh Baby Carrots & Fresh Fruit
Two Crisпитos, Tostito Chips, Baby Carrots & Fresh Fruit
- T 1/8 Grilled Buffalo Chicken Sandwich, Glazed Carrots, Roll & Fresh Fruit
Mac & Cheese, Glazed Carrots, Roll & Fresh Fruit
Southern Fried Chicken Sandwich, Chips, Glazed Carrots & Fresh Fruit
Grilled Chicken Sandwich, Chips, Glazed Carrots & Fresh Fruit
- W 1/9 Spaghetti & Meatballs, Caesar Salad, Garlic Bread & Fresh Fruit
Buttered Noodles, Caesar Salad, Garlic Bread & Fresh Fruit
Meatball Sub w/Cheese, Caesar Salad, Potato Chips & Fresh Fruit
- Th 1/10 Sloppy Joe Sandwich, Chips, Cole Slaw & Fresh Fruit
BBQ Pulled Pork Sandwich, Chips, Cole Slaw & Fresh Fruit
Corn Dogs, Chips, Cole Slaw & Fresh Fruit
Turkey BLT Club Wrap, Chips, Cole Slaw & Fresh Fruit
- F 1/11 Large Slice of Cheese Pizza, Fresh Green Salad & Fresh Fruit
Large Slice of Pepperoni Pizza, Fresh Green Salad & Fresh Fruit
Large Slice of Veggie Pizza, Fresh Green Salad & Fresh Fruit
Southern Fried Chicken Sandwich, Potato Chips, Fresh Baby Carrots & Fresh Fruit
- M 1/14 Meat Loaf, Mashed Potatoes, Steamed Veggies & Fresh Fruit
Cheeseburger, Mashed Potatoes, Steamed Veggies & Fresh Fruit
Corn Dogs, Mashed Potatoes, Steamed Veggies & Fresh Fruit
- T 1/15 2 Soft Beef Tacos w/ Lettuce & Cheese, Steamed Corn & Fresh Fruit
Beef Nachos, Fresh Green Salad, Steamed Corn & Fresh Fruit
Nachos w/Cheese, Fresh Green Salad, Steamed Corn & Fresh Fruit
Cheesy Roll-Up, Fresh Green Salad, Steamed Corn & Fresh Fruit
Taco Salad (Tortilla Chips topped w/crisp greens, seasoned meat and cheese) & Fresh Fruit
- W 1/16 Warm Fluffy Pancakes, Sausage, Tater Tots & Fresh Fruit
Chicken Casserole, Salad, Green Beans & Fruit
Grilled Chicken Sandwich, Fresh Baby Carrots, Tater Tots & Fresh Fruit
Large Order of Tater Tots (You do not have to order the entrée to order the tots)
- Th 1/17 Sesame Chicken over Rice, Steamed Broccoli, Mandarins & Fortune Cookie
Chicken Nuggets (All White Meat), Rice, Steamed Broccoli & Mandarins
Chicken Fiesta Salad (Fresh Green Salad Topped w/Breaded Chicken Strips & Veggies) & Fruit

F 1/18 Large Slice of Cheese Pizza, Fresh Green Salad & Fresh Fruit
 Large Slice of Pepperoni Pizza, Fresh Green Salad & Fresh Fruit
 Large Slice of Veggie Pizza, Fresh Green Salad & Fresh Fruit
 Extra Slice of Pizza
 Hot Italian Sub, Tossed Salad & Fresh Fruit

M 1/21 No School – MLK Day

T 1/22 Philly Cheese Steak Sandwich, Chips, Carrot Sticks & Fruit
 Chicken Noodle Soup, Grilled Cheese Sandwich, Baby Carrots & Fresh Fruit
 Chili, Grilled Cheese Sandwich, Baby Carrots & Fresh Fruit
 Corn Dogs, Potato Chips, Baby Carrots & Fresh Fruit

W 1/23 Turkey, Bacon & Cheese Flatbread, Pasta Salad, Carrot Sticks & Fresh Fruit
 Chicken Tenders, Pasta Salad, Carrot Sticks & Fresh Fruit
 Grilled Chicken Sandwich, Pasta Salad, Carrot Sticks & Fresh Fruit

Th 1/24 2 Soft Beef Tacos w/ Lettuce & Cheese, Steamed Corn & Fresh Fruit
 2 Shredded Chicken Tacos w/ Lettuce & Cheese, Steamed Corn & Fresh Fruit
 Shredded Chicken Nachos, Steamed Corn & Fresh Fruit
 Beef Nachos, Steamed Corn & Fresh Fruit
 Nachos with Cheese, Steamed Corn & Fresh Fruit

F 1/25 Large Slice of Cheese Pizza, Fresh Green Salad & Fresh Fruit
 Large Slice of Pepperoni Pizza, Fresh Green Salad & Fresh Fruit
 Large Slice of Veggie Pizza, Fresh Green Salad & Fresh Fruit
 Meatball Sub w/Cheese, Fresh Green Salad, Potato Chips & Fresh Fruit

M 1/28 Meat Loaf, Mashed Potatoes, Steamed Veggies & Fresh Fruit
 Cheeseburger, Mashed Potatoes, Steamed Veggies & Fresh Fruit
 Chicken Nuggets, Mashed Potatoes, Steamed Veggies & Fresh Fruit

T 1/29 Chicken Parmesan, Tossed Salad, Garlic Bread & Fresh Fruit
 Spaghetti & Meatballs, Tossed Salad, Garlic Bread & Fresh Fruit
 Buttered Noodles, Tossed Salad, Garlic Bread & Fresh Fruit
 Meatball Sub w/Cheese, Tossed Salad, Potato Chips & Fresh Fruit

W 1/30 Chicken Caesar Salad (Sliced chicken breast over Caesar salad topped with croutons) & Fruit
 Pasta Alfredo, Steamed Veggie Medley, Garlic Bread & Fresh Fruit
 Two Mozzarella Bread Rolls, Marinara Dipping Sauce, Veggie Medley & Fresh Fruit

Th 1/31 Smokey Mountain Chicken (BBQ Glazed Chicken topped with melted cheese & Bacon),
 Loaded Mashed Potatoes, Green Beans & Fruit
 Popcorn Chicken, Loaded Mashed Potatoes, Green Beans & Fresh Fruit
 Popcorn Chicken Salad (Fresh Green Salad Topped w/Veggies & Popcorn Chicken) & Fresh Fruit